

What is Sea Buckthorn?

Sea Buckthorn (*Hippophae rhamnoides L.*) is a berry-bearing plant belongs to the family of elaeagnaceae. It is commonly known as Sea Buckthorn, Sandthorn or SeaBerry. Amazingly, Sea Buckthorn drink has been reported as the official beverage for Chinese athletes at the Seoul Olympic Games in 1988. Russian cosmonauts were also supplied with Sea Buckthorn beverage to enhance their health and resistance to stress in the space. Due to the extraordinary function and long history use of Sea Buckthorn, it is praised as one of the most amazing berries and super-fruit in the world.

Sea Buckthorn is among the most nutritious and vitamin-rich fruit found in the plant kingdom. It has a unique composition that forms a combined cocktail of valuable nutrients and bioactive components, in which are usually only found separately in different plants.

"All IN ONE" Nutrients in Sea Buckthorn Juice



Comparison of Sea Buckthorn Nutrients to other berries#

Constituents		Sea buckthorn	Bilberry	Cranberry	Raspberry
Vitamins (mg/100g)	Vitamin A	5.3	7.9	3.6	2.2
	Vitamin E	3.2	1.9	1	1.1
	Vitamin B1	0.03	0.04	0.03	0.03
	Vitamin B6	0.11	0.06	0.04	0.06
	Vitamin C	165	15	1	38
Minerals (mg/100g)	Potassium	0.1	0.1	0.2	0.2
	Calcium	42	19	13	35
	Magnesium	30	9	8	25
Others (g/100g)	Protein	0.7	0.5	0.4	1
	Dietary fiber	6	3.3	3.3	3.7



Sea Buckthorn Juice Health Benefits

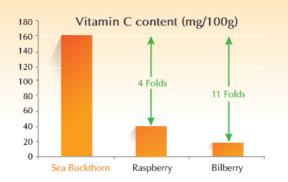


Why Puredia Sea Buckthorn Juice?

- Grown in Tibetan Plateau with average elevation of 15,000 feet
- Wild harvested from the Pollution Free Tibetan Mountains
- Handpicked by Fair Traded Farmers
- Organic certified from third party regulatory agencies USDA, EU and JAS
- Rich in healthy bioactive ingredients
- Non-GMO
- Frozen berries to retain the richest original bioactive nutrients
- Unique and advance processing technique

Sea Buckthorn vs other berries

• King of Vitamin C



Product Feature:

- Beauty, Detox, Slimming / Weight management
- Comprehensive bioactive nutrient profile e.g.: vitamin C, E, flavonoids, fatty acids, etc contributes to good fundamental body health especially skin health
- Formulated with Oligosaccharides that serve as prebiotic enhancing the number of beneficial bacteria in the colon while simultaneously reducing the population of harmful bacteria. Together with fiber in the juice, they contribute to healthy digestion and weight loss

Product Attraction:

- Unique Sea Buckthorn taste, flavor and color
- Palatable, long-lasting flavour
- No artificial colouring and preservatives
- As single-ingredient or easy mixed multi-ingredients beverages

Puredia

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